



Methacton
School
District

August – Sept. 2022

High School LUNCH MENU

August 3rd – Sept. 2nd

Powering
potential.™

	MON	TUES	WED	THURS	FRI
GRILL	No School	Available Daily: Hambruger, Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Chicken Nuggets with Roll, Oven Baked French Fries			No school
PASTA	Available Daily: Mac and cheese topped with choice of Buffalo Chicken, Ham, BBQ Chicken Served with Garlic Breadstick				
SANDWICH	Available Daily: Cheese Sandwich, Sunbutter and Jelly Sandwich, Ham and Cheddar Sub, Cheese Sub, Roasted Veggie Sub, Turkey and Cheese Sub, Chicken Salad BLT Sub, Chicken Caesar Sand. Spicy Chicken Sandwich				
SALAD	Available Daily: Hummus Veggie Plater, Egg Chef Salad, Fruit and Yogurt Platter, Chicken Patty Caesar Salad, Ham and Turkey Cobb Salad All served with Dinner Rolls or Flatbread				
PIZZA	Available Daily: Cheese and Pepperoni Pizza Taco Pizza White Pizza Vegetable Pizza				

Menus are subject to change.



DAILY FRUIT OFFERINGS:
Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

DAILY VEGGIE OFFERINGS:
Carrot Sticks, Celery
Sticks, Red Pepper
Strips, Broccoli Florets,
Cucumber Slices,
Cauliflower Florets,
Chickpea Salad

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers



Methacton
School
District

September 2022

High School LUNCH MENU

5th – 10th

Powering
potential.™

GRILL

TORTILLA

SANDWICH

SALAD

PIZZA

MON	TUES	WED	THURS	FRI
No School	Available Daily: Hambruger, Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Chicken Nuggets with Roll, Oven Baked French Fries			
Available Daily: Tacos or Nachos with choice of Turkey, Chicken or BBQ Pork. Available Cheeses Shredded or Cheese Sauce with Toppings Baked Vegetarian Beans, Cilantro Rice				
Available Daily: Cheese Sandwich, Sunbutter and Jelly Sandwich, Ham and Cheddar Sub, Cheese Sub, Roasted Veggie Sub, Turkey and Cheese Sub, Chicken Salad BLT Sub, Chicken Caesar Sand. Spicy Chicken Sandwich				
Available Daily: Hummus Veggie Plater, Egg Chef Salad, Fruit and Yogurt Platter, Chicken Patty Caesar Salad, Ham and Turkey Cobb Salad All served with Dinner Rolls or Flatbread				
	Available Daily: Cheese and Pepperoni Pizza Meatlover Pizza			Taco Pizza
		Vegetable Pizza	Buffalo Chicken Pizza	

Menus are subject to change.

DAILY FRUIT OFFERINGS:
Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

DAILY VEGGIE OFFERINGS:
Carrot Sticks, Celery
Sticks, Red Pepper
Strips, Broccoli Florets,
Cucumber Slices,
Cauliflower Florets

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers



Methacton
School
District

September 2022

High School LUNCH MENU

12th – 16th

Powering
potential.™

GRILL

PASTA

SANDWICH

SALAD

PIZZA

MON

TUES

WED

THURS

FRI

Available Daily: Hambruger, Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Chicken Nuggets with Roll, Oven Baked French Fries

Available Daily: Mac and cheese topped with choice of Buffalo Chicken, Ham, BBQ Chicken
Served with Garlic Breadstick

Available Daily: Cheese Sandwich, Sunbutter and Jelly Sandwich, Ham and Cheddar Sub, Cheese Sub, Roasted Veggie Sub, Turkey and Cheese Sub, Chicken Salad BLT Sub, Chicken Caesar Sand. Spicy Chicken Sandwich

Available Daily: Hummus Veggie Plater, Egg Chef Salad, Fruit and Yogurt Platter, Chicken Patty Caesar Salad, Ham and Turkey Cobb Salad All served with Dinner Rolls or Flatbread

Hawaiian
Pizza

Available Daily: Cheese and Pepperoni Pizza
Meatlover Pizza

Vegetable Pizza

Buffalo Chicken Pizza

Taco Pizza

Menus are subject to change.

DAILY FRUIT OFFERINGS:

Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

DAILY VEGGIE OFFERINGS:

Carrot Sticks, Celery
Sticks, Red Pepper
Strips, Broccoli Florets,
Cucumber Slices,
Cauliflower Florets,
Chickpea Salad

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers



**Limited
Time Offer:**
Harvest
Grain
Bowl

Methacton
School
District

September 2022

High School LUNCH MENU

19th – 23rd

Powering
potential.™

GRILL

MON

TUES

WED

THURS

FRI

Available Daily: Hambruger, Cheeseburger, Chicken Patty Sandwich,
Spicy Chicken Patty Sandwich, Chicken Nuggets with Roll, Oven
Baked French Fries

TORTILLA

Available Daily: Tacos or Nachos with choice of Turkey, Chicken or BBQ Pork. Available Cheeses Shredded or
Cheese Sauce with Toppings
Baked Vegetarian Beans, Cilantro Rice

SANDWICH

Available Daily: Cheese Sandwich, Sunbutter and Jelly Sandwich, Ham and Cheddar Sub, Cheese
Sub, Roasted Veggie Sub, Turkey and Cheese Sub, Chicken Salad BLT Sub, Chicken Caesar Sand.
Spicy Chicken Sandwich

SALAD

Available Daily: Hummus Veggie Plater, Egg Chef Salad, Fruit and Yogurt Platter, Chicken Patty
Caesar Salad, Ham and Turkey Cobb Salad All served with Dinner Rolls or Flatbread

PIZZA

Hawaiian
Pizza

Available Daily: Cheese and Pepperoni Pizza

Meatlover Pizza

Vegetable Pizza

Buffalo Chicken Pizza

Taco Pizza

Menus are subject to change.

DAILY FRUIT OFFERINGS:

Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

DAILY VEGGIE OFFERINGS:

Carrot Sticks, Celery
Sticks, Red Pepper
Strips, Broccoli Florets,
Cucumber Slices,
Cauliflower Florets

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers



Methacton
School
District

September 2022

High School LUNCH MENU

26th – 30th

Powering
potential.™

lowering potential.	MON	TUES	WED	THURS	FRI
GRILL	No School	Available Daily: Hambruger, Cheeseburger, Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Chicken Nuggets with Roll, Oven Baked French Fries			
CHICKEN TENDERS	Available Daily: Choice of Chicken Nuggets, Tenders, Popcorn, topped with BBQ Sauce, Buffalo Sauce or Teriyaki Served with a choice of Dinner Roll or Breadstick				
SANDWICH	Available Daily: Cheese Sandwich, Sunbutter and Jelly Sandwich, Ham and Cheddar Sub, Cheese Sub, Roasted Veggie Sub, Turkey and Cheese Sub, Chicken Salad BLT Sub, Chicken Caesar Sand. Spicy Chicken Sandwich				
SALAD	Available Daily: Hummus Veggie Plater, Egg Chef Salad, Fruit and Yogurt Platter, Chicken Patty Caesar Salad, Ham and Turkey Cobb Salad All served with Dinner Rolls or Flatbread				
PIZZA	Hawaiian Pizza	Meatlover Pizza	Vegetable Pizza	Buffalo Chicken Pizza	Taco Pizza

Menus are subject to change.



DAILY FRUIT OFFERINGS:
Fresh Apple, Orange,
Banana
Fruit Cups
100% Fruit Juice, 100%
Apple Juice, 100% Orange
Juice, 100% Grape Juice

**DAILY VEGGIE
OFFERINGS:**
Carrot Sticks, Celery
Sticks, Red Pepper
Strips, Broccoli Florets,
Cucumber Slices,
Cauliflower Florets,
Chickpea Salad

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers